


# May 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1 Lincoln Park: Grab a Snack 3pm - 4pm Beltline: ESL Club 10:00am - 12:00pm 1:30pm - 3:30pm	2 Erin Woods: Grab a Snack 3pm - 4pm	3
4	5	6 Temple: Grab a Snack 3pm - 4pm Dover: ESL Club 10:00am - 12:00pm	7 Beltline: Golden Club 10:30am - 12:30pm	8 Lincoln Park: Grab a Snack 3pm - 4pm Beltline: ESL Club 10:00am - 12:00pm 1:30pm - 3:30pm	9 Dover: Awakenings 10:00am - 12:00pm Erin Woods: Grab a Snack 3pm - 4pm	10
11 MOTHER'S DAY!	12 Mother's Day Event! 3:00pm - 6:00pm 	13 Temple: Grab a Snack 3pm - 4pm Dover: ESL Club 10:00am - 12:00pm	14 Beltline: Golden Club 10:30am - 12:30pm	15 Lincoln Park: Grab a Snack 3pm - 4pm Beltline: ESL Club 10:00am - 12:00pm 1:30pm - 3:30pm	16 Erin Woods: Grab a Snack 3pm - 4pm	17
18	19 Victoria Day! STAT HOLIDAY 	20 Temple: Grab a Snack 3pm - 4pm Dover: ESL Club 10:00am - 12:00pm	21 Beltline: Golden Club 10:30am - 12:30pm	22 Lincoln Park: Grab a Snack 3pm - 4pm Beltline: ESL Club 10:00am - 12:00pm 1:30pm - 3:30pm	23 Dover: Awakenings 10:00am - 12:00pm Erin Woods: Grab a Snack 3pm - 4pm	24
25	26	27 Temple: Grab a Snack 3pm - 4pm Dover: ESL Club 10:00am - 12:00pm	28 Beltline: Golden Club 10:30am - 12:30pm	29 Lincoln Park: Grab a Snack 3pm - 4pm Beltline: ESL Club 10:00am - 12:00pm 1:30pm - 3:30pm	30 Erin Woods: Grab a Snack 3pm - 4pm	31



## IMPORTANT DATES

Stop by our Golden Club session on May 28<sup>th</sup> to learn about what to do in the case of an emergency, facilitated by one of our own Golden Club participants!

Join us at our Erin Woods, Temple and Lincoln Park locations for our Mother's Day event where we will have crafts, giveaways and light snacks. Contact [hubs@winsyc.ca](mailto:hubs@winsyc.ca) for more information

# Programming Opportunities

## Beltline Hub

- 🌿 **ESL Club:** Registered Program for English Language Learners. Beginner and Intermediate opportunities available.
  - Every Thursday: 10am - 12pm and 1:30pm - 3:30pm
- 🌿 **Skill-building Workshop:** Opportunity to gain expert tips and practical advice to help you land employment.
  - Thursday May 15:
    - 4:00pm - 6:00pm

- 🌿 **Golden Club:** Community building and socializing group for senior ladies ages 60 and up.
  - Every Wednesday: 10:30am - 12:30pm
  - Special EmpowerMe home emergency session on May 28<sup>th</sup>

## Temple, Lincoln Park & Erin Woods Hub

- 🌿 **Grab a snack** - Enjoy an afterschool snack, a book, some socializing, and a thematic craft session.
  - **Temple Hub:** Every Tuesday 3pm - 4pm
    - Calgary Public Library: May 6, and 20
    - Craft Time: May 27
  - **Lincoln Park Hub:** Every Thursday 3pm - 4pm
    - Craft Time: May 29
- **Erin Woods Hub:** Every Friday 3pm - 4pm
  - Calgary Public Library: May 2, 16 and 30
  - Craft Time: May 30

## Dover Hub

- 🌿 **ESL Club:** Registered Program for English Language Learners. Beginner and Intermediate opportunities available.
  - Every Tuesday: 10am - 12pm
- 🌿 **Awakenings:** Join us for weekly group sessions about self-development for women!
  - Every second Friday: 10am - 12pm

